## July Events at the Charlotte Regional Farmers Market



Saturday, July 2nd Sweet and Spicy Day

Come taste the cool salsas and hot sauces perfect for any 4th of July party



Friday, July 8th Watermelon Day

Free watermelon samples and the Baker's Basement Band will be here playing bluegrass



Saturday, July 16th

National Fresh Spinach Day

Vendors will be passing out free spinach recipes



Friday, July 22nd
Peach Day
Free peach ice cream between 11:00 am and 1:00 pm



Saturday, July 30th
National Cheese Cake Day
Come taste all the baked goods at the market